

weekly housework chores

checklist

week -

Bedrooms

- strip beds & wash bedding
- clean surfaces & dust ornaments
- clean mirrors
- dust light shades
- vacuum mattress
- vacuum skirting boards
- vacuum floors
- remake bed with fresh bedding

Stairs & Landing

- dust pictures & ornaments
- dust/wipe spindles & banisters
- dust light shades
- vacuum skirting boards
- vacuum floors
- vacuum stairs

Kitchen

- wipe down kitchen work tops & fronts
- clean kitchen windowsill
- clean hob & wipe down oven
- empty toaster tray & clean toaster
- clean microwave inside & out
- clean bread bin inside & out
- wipe down and clean small appliances
- scrub kitchen sink
- clean kitchen table & chairs
- wipe down kitchen bin
- vacuum light shades
- vacuum window vents
- vacuum skirting boards
- vacuum floor
- mop floor

Bathrooms

- put towels & bath mats into wash
- clean toilet
- clean bath, shower & sink
- clean mirrors
- wipe down tiles
- vacuum window vents
- vacuum skirting boards
- vacuum floors
- mop floors
- put out fresh towels & mats

Hallway

- dust pictures & ornaments
- dust light shades
- vacuum skirting boards
- vacuum floors
- mop floors

Living rooms

- wash cushion covers & throws
- dust all surfaces
- dust lamps & light shades
- recycle magazines/newspapers
- vacuum sofa & underneath sofa
- vacuum window vents
- vacuum skirting boards
- vacuum floors

Other

- check food stocks
- check household stocks
- menu plan
- write shopping list
- shop/order shopping
- laundry