SPRING CLEANING

THE KITCHEN CHECKLIST

- [ ] EMPTY ALL FOOD CUPBOARDS
- [ ] THROW AWAY FOOD PAST USE BY DATE
- [ ] CLEAN INSIDE OF CUPBOARDS
- [ ] WASH & REFILL ANY STORAGE CONTAINERS
- [ ] RETURN FOOD - WIPE JARS AS YOU DO
- [ ] PUT FREQUENTLY USED ITEMS IN AN EASY TO REACH PLACE
- [ ] DECLUTTER - THROW AWAY RUBBISH - SORT ITEMS FOR SALE/ CHARITY
- [ ] GROUP ITEMS - E.G. TEA WITH COFFEE
- [ ] DECLUTTER
- [ ] CLEAN TOPS OF CUPBOARDS
- [ ] CLEAN LIGHT FITTINGS
- [ ] CLEAN DOORHANDLES & LIGHT SWITCHES
- [ ] CLEAN WINDOWS & WINDOW DRESSINGS
- [ ] WIPE DOWN ALL PAINT WORK - DOORS, SKIRTING BOARDS & RADIATORS
- [ ] WIPE DOWN KITCHEN TILES
- [ ] CLEAN OVEN & HOB
- [ ] CLEAN ALL APPLIANCES
- [ ] CLEAN DINING TABLE & CHAIRS
- [ ] CLEAN KITCHEN SINK
- [ ] VACCUM AND MOP